

100% COTTON MACHINE WASHABLE FACE MASKS. WASH BEFORE FIRST USE! HOT AIR DRY, MEDIUM TO HIGH HEAT DRYER SETTING

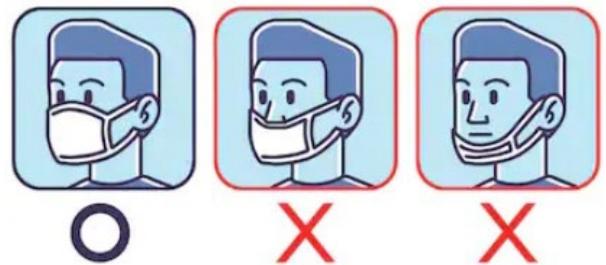
In Canada, it is now recommended to use cloth masks in public settings where other social distancing measures are difficult to maintain, especially in areas of significant community-based transmission.

Do's & Don'ts

- Before and after handling the mask (to put it on, adjust or take it off), do practice proper hand hygiene.
- Either wash your hands or use hand sanitizer before and after you touch the mask — EVERY TIME — to reduce cross-contamination risk. The outside of the mask is considered dirty.
- Do mark the outside of the mask in some way so you can easily identify which side is the outside of the mask and handle it accordingly.
- Do keep a paper bag handy for storing the mask every time you take it off; a plastic Ziploc-style baggie is an alternative if a paper bag is not available. Always store a mask in a clean place. Never store it in a purse or pocket.
- Do not touch the outside of your mask while it is on your face. Do not pull your mask below your chin while you are wearing it. Leaving the mask dangling or improperly fitted to your face creates opportunities for cross-contamination and spread of air particles.

Face masks are only effective for protection if they are handled, worn, stored, and disposed of properly. Used improperly, and the masks become vehicles for spreading germs.

Non-medical masks alone will not prevent the spread of COVID-19. You must consistently and strictly adhere to good hygiene and public health measures, including frequent hand washing and physical (social) distancing.



Use & Re-use

1. Clean your hands using proper hand hygiene.
2. Loop elastic over your ears. Pull it down so that it's covering under your chin; secure it to your face by pinching over your nose. Be sure it's on nice and secure.
3. Before removing the mask, clean your hands.
4. Remove the mask using the ear loops.
5. Inspect it to be sure it can be reused. Has it been compromised? Is it wet? Visibly soiled? If it is, go ahead and throw it away, then perform hand hygiene. If the mask is OK to reuse, prepare it for storage. (Next step.)
6. Fold the mask in half (lengthwise or widthwise), so the outside surfaces are touching each other. Place it carefully into your clean storage area/bag. Seal the bag, if you're using a paper one; if using a plastic baggie, leave it open.
7. Perform hand hygiene.
8. To reapply the mask, first perform hand hygiene, then open the mask storage bag.
9. Grasp the mask by the elastic ear loops to remove it from the bag, then look to see where the outside of the mask is by locating your identifying mark.
10. Use the ear loops to put it on and tuck it under your chin. Secure it to your face at the bridge of your nose. Perform hand hygiene and stay safe and healthy.



FAQ

Should cloth face coverings be washed or otherwise cleaned regularly? How regularly? Yes. They should be routinely washed depending on the frequency of use.

How does one safely sterilize/clean a cloth face covering? A washing machine should suffice in properly washing a face covering.

How does one dry the face cloth? Hot air drying recommended. Dryer Setting: Medium to High Heat.